



## **Add On Course**

On

**Course Name: Heart of Humanity: Understanding Human Values**

**Course Code: CC20/22/2/HH:UHV**

Organised by

**Department of Political Science**

and

**IQAC, Al Ameen Memorial Minority College**

### **AL AMEEN MEMORIAL MINORITY COLLEGE**

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## Add on Course Organising Committee

<b>Patron</b>	: Dr. Nurul Haque, Principal, Al Ameen Memorial Minority College
<b>Course Co-ordinator</b>	: Prof. Matin Ahmed
<b>Members</b>	: Prof. Sayera Begum, Prof. Dipankar Manna, Prof. Sk Asgar Ali, Tazuddin Ahmed, Benajir Khatun, Asadulla Khan
<b>Faculty Member</b>	: Prof. Rabeya Khatun

<b>Course Name</b>	: <b>Heart of Humanity: Understanding Human Values</b>
<b>Course Code</b>	: CC20/22/2/HH:UHV
<b>Course Duration</b>	: 6 Month (July to December)
<b>Date of Application</b>	: 1 <sup>st</sup> Week of July
<b>Class Start</b>	: 1 <sup>st</sup> Week of August
<b>Course Fees</b>	: No fee is required for the course
<b>Eligibility</b>	: Students of UG level of our College
<b>Mode</b>	: Blended Mode
<b>Seat Limit</b>	: 50
<b>Course Duration</b>	: 30 Hours in 6 Month
<b>Class Day</b>	: Every Sunday
<b>Class Time</b>	: 11 A.M. to 1:30 P.M.
<b>Examination Time</b>	: 1 <sup>st</sup> Week of December
<b>Result Publication</b>	: 3 <sup>rd</sup> Week of December
<b>Certificate Issued</b>	: 3 <sup>rd</sup> Week of December

### Methodology

- Theoretical and Practical Approaches.
  - Experience sharing
  - Students' Seminars
    - Project Work

### Course Outcome

By the end of this course, students will have a comprehensive understanding of human value to live more intentionally in alignment with their core values and with a greater sense of purpose and fulfilment.

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## Overview of the Syllabus

Class Duration: 4 hours for each module

### Module 1: Introduction to Human Values

Definition and significance of human values  
Historical perspectives on the evolution of values  
Cultural diversity and its impact on value systems

### Module 2: Philosophical Foundations of Human Values

Major philosophical theories on ethics and morality  
Exploration of virtues and their relevance to human values  
Contemporary debates on relativism vs. universalism in value systems

### Module 3: Psychological Insights into Human Values

Psychological theories of moral development  
The role of emotions in moral reasoning  
Empathy, compassion, and altruism: Psychological underpinnings

### Module 4: Ethics and Decision-Making

Ethical frameworks for analyzing moral dilemmas  
Applying ethical principles to real-life scenarios  
Ethical leadership and responsibility in decision-making

### Module 5: Cultivating Human Values

Strategies for promoting empathy and compassion  
Building a culture of respect and integrity  
Personal reflection and self-awareness exercises

### Module 6: Human Values in Society

Human rights and social justice: Intersection with human values  
Addressing societal challenges through values-based approaches

Global citizenship and collective responsibility

### Module 7: Applications of Human Values

Ethics in professional contexts: Business, healthcare, education, etc.  
Promoting sustainable development through ethical practices  
Case studies and best practices in values-driven initiatives

### Module 8: Integrating Human Values into Daily Life

Practical strategies for living in alignment with core values  
Mindfulness and ethical living  
Creating meaningful connections and fostering empathy in relationships

### Module 9: Evaluating Personal Growth and Transformation

Reflection on personal values and growth throughout the course  
Goal-setting for continued development in human values  
Peer feedback and support in the journey towards a heart-centered life

### Module 10: Final Project and Conclusion

Synthesizing learning outcomes into a final project or presentation  
Peer review and feedback on final projects

**Gradation:** A=50-60%

A+=60-70%

O=70-100%

**Course conclusion:** Celebrating growth and commitment to ongoing exploration of human values

**Course Delivery Format:** Lectures, readings, and multimedia presentations, Group discussions and debates  
Case studies and practical exercises, Self-reflection assignments, Guest speakers from relevant fields  
Online forums for collaboration and peer interaction

**Assessment:** Written examinations. Participation in discussions and group activities.

Written assignments demonstrating critical thinking and application of concepts.

Final project or presentation showcasing integration of human values into personal or professional contexts.  
Course completion certificate.

## The examination pattern and marks distribution for the Add On Courses

**Total Marks** : 50 Marks

**Theory Exam** : 30 = i. Multiple-choice questions (MCQs) : 30 marks (2marks for 15 questions)  
ii. Project report / Presentation : 10 marks  
iii. Internal Assessment : 10 marks

**This distribution allows for evaluating both theoretical knowledge and practical skills, along with assessing the student's consistency and engagement throughout the course.**